

Clear Aligners: The Ins and Outs of Virtual Treatment Planning



Sara Andrews, DDS, MS

The objective of this presentation is to help dental providers improve orthodontic treatment efficacy and efficiency with clear aligners. We will review case selection, and virtual treatment planning for various orthodontic case types. Special emphasis will be placed on biomechanics, and how to design the virtual treatment plan to effectively achieve the desired treatment goals, while minimizing undesired side effects.

Sara Andrews, DDS, MS is a full-time orthodontist and sole practitioner at Andrews Orthodontics. In addition to private practice ownership, Dr. Andrews is an assistant clinical professor at University of California, San Francisco (UCSF) Department of Orthodontics, where she teaches practice of orthodontics to the specialty program residents.

Dr. Sara Andrews received her D.D.S. degree, Magna Cum Laude, from University of California, Los Angeles (UCLA) School of Dentistry in 2010. She completed her Orthodontic specialty training at University of California, San Francisco (UCSF) in 2013. In addition to her orthodontic certificate, Dr. Sara Andrews obtained a Masters of Science (MS) degree in Oral Biology and Craniofacial Sciences from UCSF. Dr. Sara Andrews is a diplomate of the American Board of Orthodontics (ABO), which means that she has successfully completed the ABO examination and certification process.