

Please Doc, Not Another Crown! Modern Full-Coverage Alternatives



Lauren Yasuda Rainey, DDS

We live in an era where over 65 million Americans are part of the Baby Boomer generation. Their caries disease was treated with large amalgams in their youth - and these restorations are still lurking 20, 30 and 40 years on! This patient population has a disproportionate number of cracked teeth and failing amalgams that have traditionally been treated with crowns. This course will describe ideal case selection to create long-lasting composite restorations that rival strength and contours of lab-fabricated restorations. We will discuss how to bill these restorations appropriately, so they can be a viable treatment option for patients and doctors alike.

Learning Objectives:

- Learn when it is/is not appropriate to use composite for cuspal coverage
- Understand prep design modifications for successful composite outcomes
- Build confidence in treating dental emergencies without reliance on lab or milled restorations
- Increase patient acceptance for minimally invasive treatment

Lauren Yasuda Rainey, DDS is a graduate of the University of the Pacific, Arthur A Dugoni School of Dentistry and completed a General Practice Residency at Tufts University School of Dental Medicine. At Tufts she was introduced to the use of surgical microscopes for restorative care, which she continues to use today. In addition to clinical practice, Dr. Rainey began teaching at the Dugoni School of Dentistry in the Department of Reconstructive Dental Sciences and the

Department of Dental Practice. There she taught both lectures and hands-on coursework in teledentistry, pre-clinical fixed and direct restorative and local anesthesia administration.

Dr. Rainey teaches direct composite restorative programs including black triangle closures, predictable Class II techniques and is an advocate for using composite resin for crown alternatives wherever possible. She teaches dentists in the US and Canada, both in-person and in virtual hands-on formats, oftentimes using a surgical microscope for enhanced visualization.

In 2016, Dr. Rainey purchased a paper chart, PPO-based practice, and fully transitioned to a digital fee-for-service boutique practice in Berkeley, California. She is active in giving back to her communities through her involvement in Girl Scouts, Mommy Dentists in Business. She currently sits on the board of the Alumni Association at the Dugoni School of Dentistry and is a speaker for Catapult Education's Speakers Bureau. In her free time, you can find her outdoors, mentoring young women interested in the health professions or whipping up a cake.